

SUPPLEMENTAL INFORMED CONSENT FOR PSYCHIATRIC TREATMENT & MEDICATION MANAGEMENT

- 1. **SERVICES** Psychiatric treatment and medication management are delivered by Independent Contracted Providers including Advanced Practice Registered Nurses with certifications as Board Certified Psychiatric Nurse Practitioners.
- 2. **PROFESSIONAL FEES** Fees for psychiatric treatment are \$250 for an initial diagnostic intake and \$200 for a 30-minute medication management appointment. True Joy Counseling and Consulting, PLLC (TJCC) files for PRIMARY INSURANCE as a courtesy and it is no way a guarantee that your insurance company will pay for services rendered. All claims are subject to the conditions of your policy. You, as the patient, are ultimately responsible for your account and any follow-up needed with your insurance carrier as their beneficiary.
- 3. **SUPPLEMENTAL INFORMATION** This information is specific to psychiatric treatment and medication management and accompanies the general practice information contained in the Letter of Understanding and Informed Consent.

WE LOOK FORWARD TO A SUCCESSFUL THERAPEUTIC RELATIONSHIP WITH YOU.

I certify that I have read and agree to the Supplemental Informed Consent and I, the undersigned party, do hereby give my consent to the TJCC Independent Contracted Provider, in the capacity of psychiatric treatment and medication management.

Electronic Submissions: Typing your name on the signature line below constitutes a legal signature confirming that you accept the agreement and consent above.

| Patient's Name | |
|--|------------------------|
| Patient's Signature | Date |
| Patient is a minor or is unable to consent because | |
| Parent/Guardian/Responsible Party Name Consent on their behalf. | and I have signed this |
| Parent/Guardian/Responsible Party Signature | |

Please review and complete the following pages 2 - 5.

| CURRENT MEDICATIONS & SUPPLEMENTS Please list ALL medications currently prescribed by any medical professional as well as | | | | | | | |
|---|----------------|---------------------|--|--|--|--|--|
| any vitamins and/or supplements. | | | | | | | |
| Medication Name | Dosage | Times Taken Daily | | | | | |
| Example: Prozac | Example: 20 mg | Example: Once a day | | | | | |
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| Р | PAST PSYCHIATRIC MEDICATIONS Please list ALL past psychiatric medications previously taken. | | | | | | | |
|------------------------------------|--|--|--|--|--|--|--|--|
| Medication Name Example: Prozac | Dosage Example: 20 mg | Length of Time Taken? Example: 6 months | Why Did You Stop Taking It? Example: Made me nauseous | | | | | |
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| ALLERGIES Please list any medication allergies or check the box if you have no known allergies. | | | | | | |
|--|----------|--|--|--|--|--|
| □ I have no known drug allergies. | | | | | | |
| Medication Name | Reaction | | | | | |
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| PSYCHIATRIC INPATIENT HOSPITALIZATION Please list the details of any psychiatric inpatient hospitalizations. | | | | | | | |
|--|---------------|----------------------|--|--|--|--|--|
| Date of Admission | Hospital Name | Reason for Admission | | | | | |
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SUBSTANCE USE Please list ALL substances currently being used or used in the past and any associated problems. **Problems?** Substance Use Alcohol □ Current □ Past □ How much? Caffeine □ Current □ Past □ How much? Marijuana (with or without □ Current □ Past □ How much? medical card) Narcotics/Controlled □ Current □ Past □ How much? Substances Nicotine □ Current □ Past □ How much? Other: □ Current □ Past □ How much? Other: □ Current □ Past □ How much?

| MEDICAL HISTORY / CHANGES / MEDICAL TEAM Please circle any condition below that applies to you and briefly explain. | | | | | | |
|--|--------------------------------|----------------------|--|--|--|--|
| ADHD | Alcohol/Drug Abuse | Alzheimer's | | | | |
| Anxiety | Cancer | Chronic Pain | | | | |
| Depression | Diabetes | Fibromyalgia | | | | |
| Gastro Esophageal Reflex (GERD) | Head Injury | Heart Disease | | | | |
| High Cholesterol | Hypertension | IBS | | | | |
| Kidney Disease | Migraines | Parkinson's | | | | |
| Seizures | Sleep Apnea | Stroke | | | | |
| Surgery | Thyroid (Hyper/Hypo) | Other: | | | | |
| Please list | any recent changes you have in | the following areas. | | | | |
| Ability to Sleep | Energy Level | Weight | | | | |
| Blood work/Labs | Blood work/Labs | Blood work/Labs | | | | |
| Please list the physicians on your medical team and their specialties. | | | | | | |
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| Please place a check mark to indicate any family member that have or have had any of the following conditions. Image: state of the following conditions: ADHD Image: state of the following conditions: ADHD Image: state of the following conditions: ADHD Image: state of the following conditions: ADHD Image: state of the following conditions: ADHD Image: state of the following conditions: ADHO Image: state of the following conditions: Image: state of the followin | head head <th< th=""><th colspan="7">FAMILY HISTORY</th></th<> | FAMILY HISTORY | | | | | | | | | | | | |
|---|--|---------------------------------|---------|----------|-----------|----------|-----------|----------|-------------------------|-------------------------|-------------------------|-------------------------|--------|----------|
| ADHD Image: Constraint of the second sec | ADHD Image: Constraint of the second sec | Please place a check mark to in | luicate | any fai | niiy me | | nat nav | ve or na | ave nac | i any o | i ine io | nowing | conalt | ions. |
| Alcohol/Drug Abuse Alzheimer's Image: Second S | Alcohol/Drug Abuse Alzheimer's Image: Constraint of the second seco | | Mother | Father | Daughters | Sons | Sisters | Brothers | Maternal Grandmother | Maternal Grandfather | Paternal Grandmother | Paternal Grandfather | Aunts | Uncles |
| Alzheimer's Image: state in the state | Alzheimer's Image: strain of the strain | ADHD | | | | | | | | | | | | |
| Alzheimer's Image: state in the state | Alzheimer's Image: strain of the strain | Alcohol/Drug Abuse | | | | | | | | | | | | |
| Cancer Image: Cancer | Cancer Image: Cancer | | | | | | | | | | | | | |
| Cancer Image: Cancer | Cancer Image: Cancer | Anxiety | | | | | | | | | | | | |
| Depression Image: Constraint of the co | Depression Image: state in the state | - | | | | | | | | | | | | |
| Diabetes Image: Constraint of the sector | Diabetes Image: Construction of the sector of the sect | Chronic Pain | | | | | | | | | | | | |
| Diabetes Image: Constraint of the sector | Diabetes Image: Construction of the sector of the sect | Depression | | | | | | | | | | | | |
| Fibromyalgia Image: stress in the stress | Fibromyalgia Image: strate | | | | | | | | | | | | | |
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| Head Injury Image: Constraint of the second sec | Head Injury Image: Constraint of the second sec | | | | | | | | | | | | | |
| Heart Disease Image: Constraint of the second s | Heart Disease Image: Constraint of the second s | | | | | | | | | | | | | |
| High Cholesterol Image: Second Se | High Cholesterol Image: Character of the stress of the | | | | | | | | | | | | | |
| Hypertension Image: Constraint of the second se | Hypertension Image: Constraint of the second se | | | | | | | | | | | | | |
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| Kidney Disease Image: Selection of the select | Kidney Disease Image: Second Seco | | | | | | | | | | | | | |
| Migraines Image: Constraint of the sector of the secto | Migraines Image: Construction of the sector of the sec | | | | | | | | | | | | | |
| Parkinson's Image: Construction of the second s | Parkinson's Image: Construction of the second s | - | | | | | | | | | | | | |
| Psychiatric Disorders Image: Seizures Imag | Psychiatric Disorders Image: Seizures | | | | | | | | | | | | | |
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| Sleep Apnea Image: Sleep Apn | Sleep Apnea Image: Sleep Apn | | | | | | | | | | | | | |
| Stroke Image: Constraint of the second constraint | Stroke Image: Constraint of the structure | | | | | | | | | | | | | |
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| Living or Deceased (L / D) | Living or Deceased (L / D) | - | | | | | | | | | | | | <u> </u> |
| Age at Death if Deceased | Age at Death if Deceased | | e the f | ollowing | g inforn | nation 1 | for each | n family | / memb | er liste | d abov | <u>'e.</u> | | |
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| | Please provide any other additional details. | Age at Death if Deceased | | | | | | | | | | | | |
| Please provide any other additional details. | | | Plea | se pro | vide an | y othe | r additio | onal de | tails. | | | | | |
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CONTROLLED SUBSTANCE AGREEMENT

The purpose of this agreement is to prevent any misunderstandings regarding controlled substances that the Independent Contracted Advanced Practice Registered Nurse at this Practice may prescribe you. The aim is to treat you safely and also to prevent abuse or addiction to these types of medications. Because these controlled pharmaceuticals have the potential for abuse or diversion, strict accountability is necessary for both medical safety and legal reasons. Therefore, the following policies are agreed to by you, the patient, to help maintain safety and provide quality, effective psychiatric care.

- I will communicate openly and honestly with my prescriber about the intensity and characteristics of my symptoms, the impact of the symptoms on my daily life, and how well the medication is helping to relieve my symptoms.
- I understand my prescriber is bound by law to access my controlled substances report through E-FORCSE, Florida's Prescription Drug Monitoring Program databank, before any controlled substance prescription is written for me.
- I am responsible for my medications; I will not share, sell, or trade my medication.
- I will not increase my medication dose or use until I speak with my Provider. If I do so on my own, I understand that use of medication at a greater rate than prescribed may result in me being without medication for a period of time.
- I will safeguard my medication from loss or theft. I understand that the medication may not be replaced if it is lost, stolen, or consumed earlier than the actual refillable date, and early refills may not be granted by pharmacies in spite of written request/permission by the prescriber.
- I agree that renewals and refills of my prescriptions for controlled medications will only be made at the time of a scheduled appointment and/or during regular office hours. No refills will be available before or after office hours, during evenings, over weekends, or during holidays.
- I agree to voluntary blood and/or urine testing before initiating treatment and randomly if requested by my prescriber to determine my compliance with my controlled pharmaceuticals. I understand and agree to this even if these tests are not covered by my insurance company/policy.
- I will not use any illegal controlled substances including marijuana, cocaine, ecstasy, etc. I understand I may be referred for addiction treatment and possibly tapered and/or discontinued from the controlled substance immediately or in the future in the presence or absence of unauthorized or illicit substances.
- I will not attempt to obtain controlled medications from any other prescriber to treat the same symptoms for which I am receiving treatment at this Practice.
- ✓ I will exercise extreme caution when taking these medications and driving or operating heavy machinery. I understand the use of these medications may induce drowsiness or change mental abilities, thereby making it unsafe to drive or operate heavy machinery.
- ✓ I agree to use ______ (Pharmacy), located at (Address) to fill all of my prescriptions

written by my provider at True Joy Counseling and Consulting, PLLC.

- ✓ I agree to notify my prescriber and/or their staff if I change my pharmacy and I agree to use the same pharmacy for fill all my prescriptions.
- ✓ I authorize my prescriber and my pharmacy to cooperate fully with any city, state, or federal law enforcement agency in the investigation of any possible misuse, or other diversion of my medication. I authorize my prescriber to provide a copy of this Agreement to my pharmacy. I agree to waive any applicable privilege or right of privacy or confidentiality with respect to these authorizations.
- I understand that this Agreement is vital to the trust and confidence in my prescriber and patient relationship and that my prescriber relies on this Agreement when engaging my psychiatric treatment.
- I understand that if I breach this Agreement, my prescriber may stop prescribing me certain medications and/or release me from their care and practice. In this case my provider will taper me off the medication over a period of time, as necessary, to avoid withdrawal symptoms. Additionally, a drug dependency program may be recommended.

I certify that I have read and agree to the Controlled Substance Agreement and I, the undersigned party, do hereby give my agreement to the TJCC Independent Contracted Provider, in the capacity of psychiatric treatment and medication management.

Electronic Submissions: Typing your name on the signature line below constitutes a legal signature confirming that you accept the agreement and consent above.

| Patient's Name | Patient's Signature | Date |
|---|---------------------|---|
| Patient is a minor or is unable to consent because | | |
| Parent/Guardian/Responsible Party Name | | and I have signed this Consent on their behalf. |
| Parent/Guardian/Responsible Party Signature | | |